

## Wall Mounted Pull Up Bar 2 IN 1 Pull Up Dip Bar Station Outdoor Strength Training Home Gym

Out of Stock: \$149.95

Transform your home gym with the Wall Mounted Pull Up Bar 2 IN 1 Pull Up Dip Bar Station Outdoor Strength Training Home Gym by Randy & Travis Machinery. Whether you're looking to build muscle, increase endurance, or enhance your overall fitness, this versatile piece of equipment has you covered. Its sturdy construction, easy installation, and space-saving design make it a valuable addition to any fitness setup.

This versatile piece of equipment is designed to maximize your workout potential, offering a range of exercises to build strength and endurance.

Install this pull-up bar on a concrete or brick wall for optimal stability. Avoid installing on drywall, plaster walls, or cavity walls. The pull-up bar requires only a 23x15 cm, making it easy to set up. This includes all the necessary hardware, manual, fixed plate and screws for easy installation

This wall-mounted pull-up bar features a clever 180° flip design, allowing you to switch from a pull-up bar to a dip bar in seconds. It offers multiple grip positions to target different muscle groups effectively.

The split-hanging mount is removable, allowing you to take down the pullup bar when not in use. You can cover the fixed plate with a picture frame or other decorative items, making it a practical addition to any space.

The design features a triangular support structure which make sit more stable. made with 1.5 mm heravy gauge steel and powder coated for durability it can support up to 150 kg. High density foam grips provide comfort and prevent slipping during work outs.

This pull up bar includes an immersion eyelet for attaching punching bags, training straps, power ropes or yoga straps. it allows you to perform a variety of exercises.

Elevate your strength training routine—order the Wall Mounted Pull Up Bar 2-in-1 Pull Up Dip Bar Station by Randy & Travis Machinery today!

## Specifications:

- Colour: Black
- Maximum Weight Recommendation: 150 kilograms
- Mounting Type: Wall Mount
- Material: Metal

## Package Includes:

- 1 x Pull Up Bar
- Necessary hardware and screws
- Instruction manual for easy assembly







