

## Push Up Board Rack System 13-in-1 Body Building Exercise Workout Tools

RRP: \$64.95

Experience the advance and enhanced 13-in-1 push up bars with resistance bands. Designed for sculpting and maximizing chest, buttocks, shoulders, back, and triceps. Each colour targets specific muscles: blue for chest, red for shoulders, yellow for the back, and green for triceps.

Designed for boys, girls, teens, women, and men, the foldable push-up stands feature a compact, multifunctional, and portable design. The silica handle boasts a streamlined, non-slip, and wear-resistant design, ensuring a secure and comfortable grip.

Our innovative push-up bar with resistance bands facilitates calorie burning and strength building, guiding you through a comprehensive full-body workout for strength and conditioning.

### Specifications:

- Material: ABS
- Weight: 1.0kg
- Support Board Size: 71 X 19 X 2.5cm (length x width x height)

