

Workout Bench Commercial Gym Press Fitness Weight

RRP: \$969.95

Introducing the Randy & Travis Workout Bench - an innovative, multi-functional bench designed to elevate your fitness routine. Its sleek and minimalist design not only adds a touch of elegance to your workout space but also serves as a versatile exercise companion. With three adjustable positions, the bench allows you to engage in a wide range of exercises and target various muscle groups.

In its closed position, this bench is perfect for working on your abdominal and core muscles, providing a challenging and effective workout. Unfold it partially on one side to activate your back muscles and glutes with ease. For a complete workout experience, extend it fully, enabling you to perform all the well-known bench exercises, whether using free weights or not.

To ensure your comfort and safety during workouts, the footrest is adjustable in all three bench positions. You can customize it to suit your preferences and enjoy a secure exercise session every time.

Crafted from sustainably sourced hardwoods and finished in high-quality artificial leather, the Workout Bench combines durability and style. When not in use, this versatile fitness bench can be effortlessly folded away or even utilized as a convenient stool.

Elevate your exercise routine with the Randy & Travis Workout Bench - a true game-changer in the world of workout benches.

Specifications:

- Material: PU leather cover /hardwood
- Dimensions (closed position): 102x34x54.8cm
- Dimensions (open position): 140x34x54.8cm
- Bearing capacity: 150kg including weights
- Weight: 17 kg
- Footrest adjustable in 10 positions
- Includes hooks for locking in closed position

