

Grip Ball Forearm Muscle Strengtheners

RRP: \$54.95

Enhance your grip strength with this pair of two balls featuring matching webbing, designed specifically for training purposes. These balls serve as a suitable accessory to assist you in building and developing your overall strength!

With a focus on targeting your arms, these balls effectively work to strengthen and tone your arm muscles. Experience a comfortable grip that allows for optimal control during your training sessions.

Specifications:

- Strap length: 30cm
- Strap width: 2.5cm
- Ball material: PU
- Ball diameter: 7.2cm
- Max loading weight: 150kg
- Package Includes: 1 Pair Balls

***Note:** Please allow slight errors due to manual measurement and different monitors.

