

Invert Chair Yoga Workout Chair Headstand Stool Exercise Bench

RRP: \$144.95

Experience the transformative benefits of the Inverted Yoga Chair, specially designed to alleviate troubles and provide the energizing effects of inversions with minimal effort.

Crafted from durable materials, this yoga chair features X-shaped solid steel bars and soft PVC leather padding to provide optimal support and comfort for your shoulders during inversions. With its ergonomic and innovative design, this yoga chair is an excellent choice for beginners venturing into yoga inversions. Its simple structure ensures easy portability, making it a popular choice among yoga enthusiasts.

The applications of this yoga chair are wide-ranging. It is perfect for practicing headstands, shoulder stands, handstands, and various other yoga poses. It caters to both beginners and experienced yogis alike.

Installation is a breeze. Simply assemble the two X-shaped metal strips, align the U- and T-shaped pads, and secure them using the provided bolts. Our manual includes detailed instructions for easy setup.

Unlock new possibilities in your yoga practice with the Inverted Yoga Chair—a valuable tool for enhancing your well-being and advancing your yoga journey!

Specifications:

- Material: PU leather cover / steel
- Size: approximately 43 x 42 x 35cm
- Bearing capacity: about 200kg

