

Air Ski Trainer & Stand Premium Fitness Machine

RRP: \$2,039.95

Skiing is excellent for fitness because it strengthens your upper and lower body at the same time. However, we are not all able to hit the slopes easily, which is where the Air Ski Trainer and Stand comes in. Whether you are training for an event or looking to up your home workout game, this machine emulates the feel of cross-country skiing. Regular use will build your strength, increase stamina and boost your endurance, all while having low impact on your joints.

At Randy & Travis Machinery, we seek excellence to supply your home or commercial space with the highest quality equipment. Our ski trainer uses premium materials to ensure its durability. We have found the perfect balance to maintain a stable machine that is also lightweight, making it easier to move and install.

The Air Ski Trainer allows you to adjust the resistance with 10 magnetic levels to choose from. Through the easy-to-use damper dial, you can find the setting that suits your current fitness level and increase resistance as you become stronger. Its curved handles are designed at the same grip size as Nordic skis. They are coated in soft-touch materials that repel sweat and moisture, helping you maintain a steady grip while you train.

To help you make the most of your workout, it has a built-in phone holder to play music or watch entertainment. You can link its elite-performance computer to apps on your phone, such as FITLOG and KINOMAP. These will track your performance and keep a log of your fitness journey.

The machine weighs 47kg in total. It stands at 215cm tall, with a width of 60cm and a length of 128cm. The monitor displays readouts that will help you keep track of your training session. You can watch your strokes per minute, time, heart rate, calories burned and distance travelled to keep you motivated and push through that last 5 minutes.

