

## Kicking Pad

RRP: \$184.95

This heavy-duty large curved strike shield will help make you fitter, stronger and more focused!

This tough and durable strike shield provides reliable performance and stands up to the most rigorous workout routines. Training regimens in many sports will benefit with the addition of this important fitness accessory. Whether you're into boxing, martial arts, rugby or AFL training, you will benefit from workouts with this boxing bag.

This large, curved strike shield is constructed from 1200D Rip Stop Vinyl. It features canvas-backed sides, industrial quality webbing, thread and zippers. The strike shield has two air release eyelets that make the accessory mildew resistant. The filling is Australian medium density foam. The doubled-tubed handles ensure safety and a sure grip.

This fitness accessory will take your strength and flexibility training to a new level. Its unique design provides impact resistance. The heavy-duty construction is shock absorbing and ideal for cardio training. Work alone with the strike shield or with a training partner. Add fun and challenge to your workout routine. Strike shield workouts will put you on the path to a leaner, fitter and stronger you.

### Specifications:

- Overall size: 70cm x 40cm x 16cm (approximate)
- Colour: Blue/black
- Material: EPE Foam

Please note: Item may come without printed logo and blue colour may vary. You will receive 1 kick pad.

