

## Yoga Stool Inversion Multi-Purpose Chair For Headstands

RRP: \$219.95

If mastering the headstand is on your to-do list, the Randy & Travis Machinery Yoga Headstand Bench is a purpose-built stool that could make meeting your goal much easier. Designed to provide a secure, padded platform on which to attempt the headstand, the bench has a stable construction and non-slip feet for additional safety. The high-density, polyurethane upholstery gently supports and cushions the shoulder and neck during headstand attempts.

This bench is simple to assemble and comes with detailed instructions covering not only the steps necessary to achieve a headstand, but also information on a range of other yoga exercises. A great choice for gyms, yoga studios and home use.

### Features:

- A valuable aid to assist in mastering the headstand
- Ideal as an aid to other yoga, strength and toning exercises
- Comes with a detailed yoga guide
- Vegan-friendly
- Range of colours to tone with any interior palette

### Specifications:

- Dimensions: 63 x 41 x 34cm
- Material: vegan leather, wood, high-density polyurethane foam pad
- Package measurements: 63x 57 x 9cm
- Product weight: 5.8kg
- Weight capacity: 150kg

