

Wooden Slant Exercise Board With Adjustable Incline And Non-Slip Surface

RRP: \$184.95

If exercise mats aren't your cup of tea, it is time for you to invest in this Wooden Slant Exercise Board from Randy & Travis Machinery! For everyone who works out regularly, this product is no less than a blessing.

Whether it's yoga or simple stretching exercises, the non-slip surface of this wooden board is a perfect substitute for an exercise mat. The Wooden Board allows you to adjust your incline levels by tilting the board backward and forwards. The ergonomic design of this product is also suited for people who have recently suffered from leg injuries and are looking for rehabilitation instead of paying hefty amounts for physiotherapy sessions! The slant surface makes this exercise board so unique. You can stretch or even bend on your knees. Such movement enables muscle relaxation and ultimately improves pain.

In a nutshell, this Wooden Slant Exercise Board is super functional and enables you to build your stamina and coordination. The best part is the non-slip surface which means you can be barefoot. Moreover, the wooden material is long-lasting and can be cleaned with a soft microfiber cloth.

Features & Specifications:

- Thickness of board: ¾ inch
- Sturdy, wooden material
- Non-slip surface
- Side handles for easy movement
- Adjustable incline levels
- Suitable for capacity up to 350 lbs

