

Lat PullDown Low Row Fitness Machine

RRP: \$769.95

Fitness Plate Loaded Low Row / Lat Pull

Assembled: 75cm x 45cm x 213cm

This new Fitness Plate Loaded Low Row / Lat Pull has a heavy duty steel construction. The solid unit has a dual guide rod system which provides the ultimate in safe, smooth and easy range of motion. The foot plate can be quickly flipped up in place for low rows. Lat Pull Down, Straight Row Bar and Standard and Olympic Weight Plate Adapters are included. Its "no cable change" design allows for easy adjustment from lat pull down to low rows.

Features:

- · Padding
- · Adjustable seat and foot bracing
- · Heavy duty steel construction
- · Sewn seats
- · Assembly required

Specifications:

· Weight Rating: 150kg

NOTE: Weights NOT included. Assembly required.











