

## Head Harness Neck Support Lifting Weightlifting Strap

RRP: \$34.95

Serious weightlifters know the importance of training their neck muscles as well as their upper body and legs. With this head harness and neck support from Randy & Travis Machinery, you can work your neck muscles and upper spine with perfect safety and protection. Simply strap it on, fasten the weight to the steel chain, and start working your neck muscles slowly by nodding your head up and down, turning it back and forth, or rotating it in circles. Built to exacting specifications for serious weightlifters, the support is beefed up even further with four large D-rings for strength, a heavy-duty chain, and reinforced stitching, giving the tough cotton-neoprene straps even more lasting power. With D-rings both below your chin and beside each of your ears, you'll have a perfectly balanced, stable setup for even the most challenging neck exercises. It stands up under even the most rigorous of workouts, giving you an edge over your competitors in weightlifting or other sports.

Padded and adjustable head, chin, and forehead straps give you extra comfort and support, while the metal rings are designed to avoid chafing and rubbing, even during the most strenuous workouts. Moisture-wicking technology keeps sweat away from your head and neck, wicking it outward so that it evaporates into the air. This strap harness is made with only the finest materials – premium blend strapping and heavy-duty steel, making it a perfect choice for competitive lifters and amateurs alike. Neck and upper-spine training is a must for cross-training and a wide range of sports, particularly martial arts, wrestling, boxing, and soccer, where neck and back strength can make the difference between a win or a loss. Top-quality construction and protection where you need it make this head harness one of the finest on the market today. Order your harness today – and put yourself ahead of your game.

### Features and specifications:

- Material: Neoprene & cotton blend fabric and steel
- Colour: Black
- D-rings: 4
- Reinforced stitching for strength and stability
- Perfectly balanced
- Padded, adjustable straps for perfect comfort
- Wicks moisture away into the air, keeping you cool
- Heavy-duty strength and durability

