

## Barbell Squat Pad Neck Shoulder Protective Weightlifting Pad

RRP: \$34.95

If you love to lift, you'll love this easy-grip barbell pad by Randy & Travis Machinery. It's the ideal accessory for your next workout. Lessen your chance of injury by relieving pressure on your hips, shoulders, and neck, allowing you to lift more weight with perfect comfort. Its anti-slip construction features high-density thick foam, preventing slippage and allowing you to concentrate on your form, rather than your pain. Use it while you perform weight-enhanced hip thrusts, lunges, and squats. High-density foam cushions you as you exercise, no matter how strenuous your routine. A low-density grooved channel in the centre of the pad cradles your neck and cushions your shoulders, making your workouts more effective.

This barbell pad fits standard two-inch Olympic bars, making it compatible with most gym equipment. It is light in weight, making it easy to tuck in your gym bag when you head off for your workout. It's easy to put on and remove, yet stays put on your barbell while you exercise. Don't miss your chance to add comfort to your next weight-training session. Order yours today!

### Features and specifications:

- Material: High-quality foam rubber
- Colour: Black
- Dimensions: 45 x 10 x 3.3cm
- Weight: 299g
- Compatible with 2-inch Olympic bars
- Low-density grooved centre channel cradles your neck.
- Helps engage your core muscles
- Perfect choice for lunges, squats, and hip thrusts

