

Multi Station Home Gym Weight Bench Press Leg Equipment Set Fitness Exercise

RRP: \$604.95

Want a full body workout in the comfort of your own home? With this versatile five-workouts-in-one home gym by Randy & Travis Machinery, you can get perfectly toned without all the high fees and the dreaded waits to use your favourite piece of equipment at your local gym. With this one machine, you can perform any exercise you can think of – for your upper body, core, and lower body without having to move from one piece of equipment to another. Cross-train for your favourite sport, or just get your body in perfect shape for your next beach outing. Get popping pecs and burly biceps, or just tone your body all over for a sleek, beautifully fit look. It comes with a complete leg development system, a weightlifting bench, squat station, 'preacher pad', and a military press station for a total body workout. Its two-piece construction gives you the option to use the upright support bar for your lunges and squats. Use the utility bench half to do your arm, core, and lower-leg exercises. With angled uprights, you can return your weight bar to the catches safely and easily.

With only one machine to handle all your workout needs, it doesn't take up much valuable floor space. It can accommodate up to 500kg static load bearing capacity, so you can pile on as much weight as your body can handle. Crafted from heavy-duty metal with a durable powder coating, it's built to last for years to come. High-density foam padding and wide bars make your workout as comfortable as it gets. Easy to assemble and use, it's the perfect choice for your home gym. Order yours today!

Features and specifications:

- Material: Heavy-duty powder-coated metal and high-density foam padding
- Colour: Black and silver
- Static Load Bearing 500kg
- Detachable design provides the ultimate in versatility
- Extra-wide bars and deep padding for comfort
- Adjustable seat, back pad, and preacher curl pad
- Adjustable incline, allowing you to use declined, flat, and inclined weight bench positions for added variety
- Compact frame
- Works upper body, core, and lower body all in one machine

