

## Adjustable Power Tower Dip Bar Pull Up Stand Fitness Station

RRP: \$339.95

If you want to build fitness and strength for more power and better health, this dip and pull-up station by Randy & Travis Machinery should be on your 'I-want' list. This essential piece of home gym equipment is an essential ingredient in building strength in your arms, back, chest, abs, and the all-important core. Whether you just want a beach body to turn heads or need to cross-train for your favourite sport, this is the solution. What really makes this the one piece of training equipment you need is its versatility. It allows you to perform triceps and chest dips, chin-ups, bodyweight rows, wide-grip exercises, leg raises, vertical knee raises, push-ups, pull-ups, and more. Your imagination is your only limit.

With six levels of height adjustments, this exercise station will accommodate every member of your family. Its wide base and rubber-covered feet prevent slippage, giving you a safe, secure place to work out. Padded hand grips allow you to work out in perfect comfort. Crafted from sturdy, durable, high-quality steel, it's built to last, even with rigorous daily use. Get yourself in shape this coming year. Order your dip station today!



- Material: Top-quality, sturdy steel and rubber feet covers
- Colour: Black
- Wide base and rubber foot stops maximise stability
- Covers a wide range of exercises
- Takes up little floor space but offers so many workout possibilities
- Maximum weight capacity: 100kg















