

## 30kg Adjustable Rubber Dumbbell Set Barbell Home GYM Exercise Weights

RRP: \$209.95

Whether you're training for competitive weightlifting, cross-training for another sport, or just trying to firm up your six-pack for the coming beach season, a set of weights is a must. With this 30-kilogramme dumbbell and barbell set from Randy & Travis Machinery, you'll be all set, whatever your training goals. Adjustable settings allow this set to adapt to a variety of users. With 16 weights in four sizes – 2.5 kilogrammes, 2 kilogrammes, 1.5 kilogrammes, and 1.25 kilogrammes, you can start out small and work your way up as you progress in your training.

Solid and sturdy, these weights come with dumbbell and barbell bars designed to take whatever you can dish out. Crafted from tough spring steel, they won't bend, even with a heavy load. Their chrome plating resists corrosion, an essential feature for sweaty hands and sweaty gym environments. The grips feature an ergonomic design created for the ultimate in comfort. Their contoured grip follows the curve of your hands, allowing you to grasp the bar without any hand strain. That's not all. The grips are designed to provide needed friction, preventing slippage and ensuring the highest standards of safety. And, the plates themselves feature a thick rubber coating, protecting your floors from dents and scratches. If you want to get in better shape or want a great gift for the athlete in your life, you can't go wrong with this dumbbell and barbell set. Order yours today!

### Features and specifications:

- Material: Chrome-plated spring steel and virgin rubber
- Colour: Black and red
- Length (barbell): 40cm
- Rubber coating thickness: 6mm
- Four 2.5 kg plates
- Four 2-kg plates
- Four 1.5-kg plates
- Four 1.25-kg plates
- Accessories: 4 end nuts
- Sturdy and safe
- Ergonomically designed
- Adaptable to a wide range of training regimens, from beginner to advanced
- Ideal for serious weight training, cross-training for sports, or simply keeping fit
- Adjustable, with a variety of weight combinations to accommodate everyone from beginners to serious athletes
- Contoured grip conforms to your hands

### Attributes:

- Pack Quantity: 30kg

