

## Pull Up Bar Home Gym Heavy Duty Chin Up Bar Ceiling Wall Mounted

RRP: \$74.95

Build upper-body and core strength with this wall-mounted pull-up bar by Randy & Travis Machinery. Whether you're a serious athlete or just want to get in better shape, this pull-up bar is the perfect addition to your home gym. Pull-ups and chin-ups aren't the only exercises this versatile piece of equipment. Use it for full body stretches, hip stretches, and spine stretches, building flexibility as well as strength.

Crafted from heavy-duty stainless steel, this rugged pull-up bar will stand up under years of heavy use. Sponge-padded grips provide comfort as you work out. Since it's mounted on a wall, you can install it in even the smallest of spaces. It's easy to assemble and easy to install, so you can start using it in mere minutes. An included assembly and mounting guide make installation a breeze, even for beginner DIYers.

### Features and specifications:

- Material: Stainless steel and sponge padding (grips)
- Colour: Black (Colour May vary)
- Dimensions: 93 x 18cm (L x W)
- Max load weight: up to 150kg
- Accessories: Assembly and mounting instructions
- Heavy-duty construction stands up under hard use
- Saves space – perfect for even smaller homes
- Accommodates a wide variety of exercises for your upper-body and core muscles
- Ideal for cross-training or fitness
- Easy to assemble

