

75cm Static Strength Exercise Stability Ball with Pump

RRP: \$49.95

Perfect for building that all-important core strength and stability, this balance ball by Randy & Travis Machinery should be on every athlete's 'I want' list. Weight-rated to 900kg, this ball will give you better balance along with strength and agility, making it an ideal ingredient in any athlete's cross-training regimen. It comes with its own pump, and it resists gashes and punctures, making as durable as it is versatile.

A favourite of physical therapists, yoga teachers, and fitness coaches, this stability ball is the perfect aid to help you perform a variety of exercises. A manual comes free with each ball purchased, providing you with a list of exercises ranging from beginner to expert. With stability, core strength, and balance the common thread in most sports, this ball is a valuable ingredient in many types of fitness training. Whether you're a competitive athlete or just trying to stay in shape before you hit the beaches this summer, this stability ball can help you achieve your goals. Order yours today!

Features and specifications:

- Material: PVC
- Colour: Black
- Weight rating: Up to 900kg
- Size: 75cm
- Suitable for people 6' to 6'5
- Accessories: Pump and exercise manual
- Professional quality
- Sturdy walls for extreme durability
- Trains core muscles, balance, stability, and agility

