

## Yoga Pilates Wheel Cork Circle Prop Back Chest Hips Abdomen Stretch Roller

RRP: \$89.95

Was one of your New Year's resolutions to work out more? With this cork yoga wheel from Randy & Travis Machinery, you can escape the drudgery and have fun while you're working practically every muscle group in your body.

This circular stretch roller works your back, shoulders, chest, abs, and hips in a gentle stretch that allows your body to provide its own resistance. Eco-friendly and crafted from organic cork and ABS for added strength, this exercise aid is so fun to use you might forget you're working out!

Its rounded edges and cushioned surface make it easy to grip and roll. No worries about bacteria, germs and odours from sweat, either. Its anti-microbial properties kill germs naturally. Durable and scratch-resistant, this yoga wheel will provide lasting service.

Tone your muscles, strengthen your joints, and improve your flexibility with this training aid. Whether you use this stretch roller as your sole workout or to cross-train for another sport, it's a superb tool to help you elevate your fitness to the next level.

Easy to clean and to store, this yoga wheel is just what you need to stay fit throughout the year. Order yours today.

### Features and specifications:

- Material: Organic cork and eco-friendly ABS plastic
- Dimensions: 13 x 32 x 32 cm (W x L x H)
- Weight: 1.5 kg
- Colour: Natural cork and black
- Use it in the gym or home for stretching, Pilates, Yoga, or general fitness
- Naturally anti-microbial, scratch-resistant surface.

