

Heavy Duty Body Press Core Bars Push Up Home Gym Parallette Stand

RRP: \$254.95

When you need to train your core and triceps, this dip station stand by Randy & Travis Machinery is a must. Use the sturdy parallel bars to perform dips, and then switch to the suspension straps for push-ups that train balance as well as strength.

Crafted from heavy-duty round-tube steel, this versatile exercise machine can support up to 150 kg. Use it for both chest and tricep dips, knee and leg raises, full body-weight rows, and more. Foam grips on the handles absorb sweat for a no-slip grip.

The suspension straps are detachable, so you can move them out of the way to perform other exercises. Two pads on the strap cushion your hands help minimise irritation. Get in shape for the coming summer season. Buy this dip station today and be the one everyone notices at the beach.

Features and specifications:

- Size: 98 cm x 82 cm x 36 cm
- Weight: 9.5 kg
- Weight capacity: 150 kg
- Material: Sturdy steel tubing and foam with 4 rubberised feet to protect the floor from scratches and avoid slipping.
- Portable, lightweight, and easy to assemble

