

Heavy Duty 15.5" Wooden Balance Board with Non-Slip Pad Fitness

Out of Stock: \$64.95

This Heavy Duty 15.5" Wooden Balance Board with Non-Slip Pad is an innovative tool for balance, stability, rehabilitation and strength training. With its new, adjustable height feature, you can now increase the difficulty of your workout and improve your core strength. The non-skid surface of this Wooden Balance Pad is a safety feature which makes it suitable for multiple fitness levels. This fitness accessory will promote core strength and stability, which is an important part of functional fitness. It's also a fun way to add physical activity to your day.

Features:

- Material: MDF Board
- Size:15.5"x3"(Board Thickness:0.7")
- Premium quality wobble board with non-skid surface
- Used by personal trainers and physical therapists to develop core strength and stability
- Suitable for users of all levels of experience
- Tool for developing balance and core strength and stability
- Maximum weight capacity: 250kg

