

## 25lb Double End Boxing Training Heavy Punching Bag

Out of Stock: \$159.95

Our fantastic high-quality punching bag set will increase your endurance, strength and agility along with enhancing your overall fitness!

Our 25 lb. punching bag is constructed of the highest quality material and is built to take a beating – literally! The bag is equipped with suspension straps that ensure safety and durability.

The perfect addition for the boxer's training routine, working out with our punching bag will improve the full range of your techniques and general performance – from footwork and focus to cuts, jabs and crosses.

This great punching bag is filled and ready to go. You merely need to hang it up in your home gym, basement or garage and you'll be set for your first session. Never again will you have to pay expensive membership costs to punch a bag at the local gym.

Whether training for martial arts competitions like kickboxing, tae kwon do or karate or just have personal tone and strengthening goals, your fitness routine is not complete without one of our fabulous punching bag

### Features:

- Heavy duty construction
- Pre-filled
- Easy set up
- Comes in black only

### Specifications:

- Dimensions: (D x H) 30 x 55cm (approximately)
- Package weight: 11.9kg (approximately)
- Package dimensions: 33 x 64 x 31cm (approximately)

