

## Adjustable Weighted Vest - 20 KG

RRP: \$319.95

*This adjustable weighted vest is just what you need to enhance and maximize your fitness training.*

Our 20kg adjusted weighted vest is the ultimate in design. It features a pull-off that is secured with a buckle for safety and ease of use. Other vests require removal of the weighted vest over your head risking serious back injury. Our weighted vest can be removed quickly and safely by pulling off the left shoulder strap and gently sliding the vest off.

The vest pocket accommodates the temporary storage of your phone, multi-media device or Gym Boss during your workout. The nylon vest features extra padding and includes sand-filled bags for individual weight requirements. These weight bags can be added or removed for customization of individual fitness routines.

By adding resistance that mimics body weight, our vest enhances training programs without compromising bio-mechanics. The vest is suitable for a wide-range of fitness routines including plyometric drills and body weight exercises.

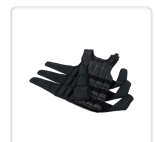
Our vest has been tested by professionals for safety and strength. It features reinforced shoulder straps and padded shoulders for comfort and safety. This durable vest can be adjusted for individual exercise needs and programs. The double internal stitching ensures durability.

The weighted vest features 520gm x 38 soft weights and has two crossover straps for extra strength and support. As a further safety precaution, the vest is equipped with a dual belt and triple Velcro secure harness system.

Our must-have weighted vest is a stand-out among its competitors. It is the only vest on the market that has the pull off shoulder strap. Order one today!

### Features:

- Pull off shoulder strap
- Adjustable weight
- Reinforced shoulder straps





# ***Serrano Australia***

- Padded shoulders
- Internal double stitching
- Safety features

## **Specifications:**

- 20kg weighted vest
- 520gm x 38 soft weights

## **Attributes:**

- Size: 20kg