

9m Agility Speed Training Ladder

RRP: \$119.95

The Randy & Travis Agility Ladder will help you enjoy an intense workout and get the results you want!

The ladder is solidly constructed and designed for optimum results. This handy versatile device is ideal for everyday use. It is easy to assemble for your workout and just as easy to store away for the next one. The 30" long ladder quickly collapses into a compact package and easily slips into its plastic bag which requires only minimal storage space.

It can stand up to the rigors of any workout from beginner to advanced user. It will challenge you and provide maximum effectiveness in your workout routine. This outstanding piece of equipment will provide you with a unique and effective workout in the privacy of your own backyard or basement. Making this a part of your regular exercise routine will improve your acceleration, speed and agility while enhancing your control and balance.

Take your training to new heights. You'll appreciate the convenience and absolutely love the results!

Features and Specifications:

- Includes handy plastic carrying case
- Structural integrity - built to last
- With durable nylon straps
- Flat plastic rungs
- Length: 30f = 9m

