

Randy & Travis Rubber-Coated Revolving Curl Row Bar Attachment

RRP: \$84.95

The Randy & Travis Rubber-Coated Revolving Curl Row Bar will help you enjoy an intense workout and get the results you want!

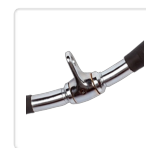
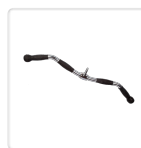
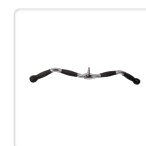
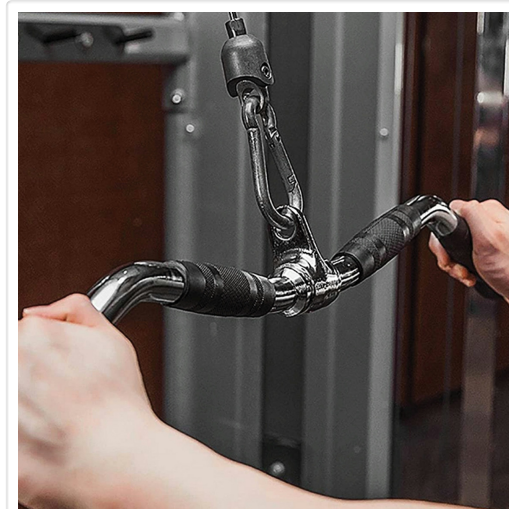
The Randy & Travis Rubber-Coated Revolving Curl Row Bar is solidly constructed and designed for optimum results. This handy versatile device is ideal for everyday use at the gym and fits perfectly on any cable exercise equipment. This revolving curl row bar features heavy duty steel structure and is built to take punishment. The Randy & Travis Rubber-Coated Revolving Curl row bar can stand up to the rigors of any workout from beginner to advanced user. Randy & Travis Machinery produces high quality exercise equipment. Like our other sporting items, the Rubber-Coated Revolving Curl row bar comes with a Lifetime Structural Warranty. You can rely on this outstanding piece of equipment for years to come. It is unmatched in its field.

The Randy & Travis Rubber-Coated Revolving Curl Row Bar will allow you to isolate and focus your training on the muscle group you want to build up. This sturdy device will challenge you and provide maximum effectiveness in your workout routine. This outstanding piece of equipment will allow you to have the most effective with the widest range of cable exercises possible. This versatile attachment can be used at the home or at the gym.

Make the Randy & Travis revolving curl bar part of your regular exercise routine and get that rock hard body you want!

Features:

- Manufactured by Randy & Travis Machinery
- Structural integrity - built to last
- Heavy gauge steel construction can take a beating
- Revolving design



- Contoured knurled grips
- Rubber safety caps avoids injury
- Rubber coating for safety and comfort
- Life-time structural warranty

Exercises:

Listed below are just some of the exercises that you can enjoy using the Randy & Travis multipurpose attachment.

- Standing and overhead cable curls
- Bent-over rows
- Low row
- Close-grip low rows
- Straight-arm pull-downs
- Wide-grip lat pull-downs
- Close-grip lat pull-downs
- Tricep pushdowns
- Wide-grip pushdowns
- Incline tricep extensions