

Triceps Press Push Down Bar

RRP: \$79.95

Our Triceps Push Down Bar is made for everyday gym use due to its solid construction and effective design. Its clever design makes it compatible for use with all cable exercise equipment. The Triceps Push Down Bar features heavy duty steel construction and is built to stand up to the punishment of the most rigorous fitness routines. This piece of equipment is a must for your workout regimen. It will help you expand your range of exercises and help you meet and exceed your fitness goals. The Triceps Push Down Bar is unmatched in its field and is the ultimate in reliability and durability. It will help you enjoy solid and intense workouts far into the distant future.

While maximizing the effectiveness of your training, an intense isolated workout focused on a variety of muscle groups is one of the benefits of the The Triceps Push Down Bar. Enjoy the best and most effective cable exercises you have ever experienced with the addition of this product to your workout regimen. The cable attachment is versatile and can be used at the gym or at home. Take your fitness training to the next level with the Triceps Push Down Bar. It will expand your workout routine to include a wider range of exercises that will help build that rock solid body you want!

Product Specifications:

- Built to last - high quality heavy-gauge steel design supports even the most rugged workout
- Solid contoured handles with knurling
- Allows for a huge range of exercises
- Solid and fixed design
- A popular cable attachment in private gyms
- Slippage limited by steel hands

Exercises:

- Standing Cable Curls
- Seated Cable Curls
- Triceps Pushdowns
- Overhead Cable Curls
- And Many More Exercises

