

## Revolving Straight Bar Cable Attachment

RRP: \$64.95

### Straight Bar - Knurled

Our Revolving Straight Bar is made for everyday gym use due to its solid construction and effective design. It is designed to fit on all cable exercise equipment. The Revolving Straight Bar features heavy duty construction and is built to stand up to the punishment of rigorous fitness routines. This piece of equipment is integral for your workout regimen because it will help you expand your range of exercises. The Revolving Straight Bar is unmatched in its field and is the ultimate in reliability and durability. It will give you solid and intense workouts far into the distant future.

While maximizing the effectiveness of your training, an intense isolated workout focused on a variety of muscle groups is one of the benefits of the Revolving Straight Bar. Enjoy the best and most effective cable exercises you have ever experienced with the addition of this product to your workout regimen. The cable attachment is versatile and can be used at the gym or at home. Take your fitness training to the next level with the Revolving Straight Bar. It will expand your workout training to include a wider range of exercises that will help build the rock solid body you want!

### Product Specifications

- Built to last - high quality heavy-gauge steel design supports even the most rugged workout
- Length of the item/bar: 47cm

### Exercises

- Straight arm pull downs
- Triceps pushdowns
- Lying cable curls
- Standing cable curls
- Bent over rows
- Seated row
- Upright row
- And many more

