

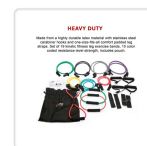
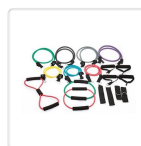
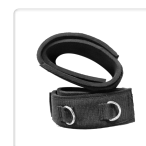
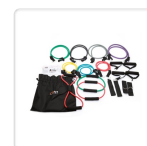
19PC Resistance Exercise Fitness Bands Tubes Kit Yoga Set

RRP: \$184.95

For an exceptional, all-around alternative to weight training, consider our 19-Piece Resistance Exercise Bands Set. A nearly endless variety of exercises is possible, exercises which will work every major muscle group of the body. They're great for athletes, injury rehabilitation, or just individuals wanting to get toned and fit. And with a total resistance of 134 kg, there's no end to what you can do.

The exercise bands are made from a highly durable and commercial-grade latex material, with double-stitched anchors, handles and straps. You'll receive a complete package of 19 pieces, including 7 colour-coded resistance bands, 2 O-Ring resistance bands, and 1 Figure-8 resistance band. You'll also receive 4 foam handles (meaning you and a partner can both work out at the same time), 1 door jam anchor for home workout convenience, 1 machine anchor, 2 ankle straps, and a travel pouch for portability. Effortlessly mix and match bands to find the resistance that's just right for your exercise needs.

The only limit is your imagination with the 19-Piece Resistance Exercise Bands Set. Order yours today.



Features of the 19-Piece Resistance Exercise Bands Set:

- *1 x Extra Light Resistance Band (Yellow) - 4.5 kg
- *1 x Light Resistance Band (Blue) - 6.8 kg
- *1 x Medium Resistance Band (Red) - 9.1 kg
- *1 x Heavy Resistance Band (Green) - 13.6 kg
- *1 x Extra Heavy Resistance Band (Black) - 18.1 kg
- *1 x Extra-Extra Heavy Resistance Band (Grey) - 22.7 kg
- *1 x Mega Heavy Resistance Band (Purple) - 27.3 kg
- *1 x Medium O-Ring Resistance Band (Red) - 9.1 kg
- *1 x Heavy O-Ring Resistance Band (Green) - 13.6 kg
- *1 x Medium Figure-8 Resistance Band (Red) - 9.1 kg
- *4 x swappable foam handles
- *2 x ankle straps with Velcro



*1 x door jam anchor

*1 x machine anchor

*1 x Carrying case for your set

*High-quality latex construction

*Double-stitched anchors, straps, and handles