

## 13 Piece Kinetic Fitness Resistance Set

RRP: \$89.95

Our 13-Piece Leg Resistance Exercise Bands Set has everything you need for a terrific workout that will work every part of your legs, from thighs to calves. It's a great alternative to free weights, and you can mix and match a variety of colour-coded resistance bands to get just the right workout for you.

You'll receive a full 13 pieces, including a pair each of coloured resistance bands ranging from Extra Light Yellow (2.3 kg) to Extra Heavy Black (18.1 kg). You'll also receive 2 high-quality leg straps, with thick padding for comfort, and a handy waterproof travel pouch for carrying the entire set on the go.

The exercise bands are made from a highly durable latex material, with carabiner hooks made from stainless steel. Whether you're just starting out on your fitness journey or whether you're a seasoned athlete, this set will have something for everyone.

Work your legs in an effective, efficient, and affordable way. Buy the 13-Piece Leg Resistance Exercise Bands Set today.

### Features:

- 2 x Extra Light Resistance Bands (Yellow) - 2.3 kg
- 2 x Light Resistance Bands (Blue) - 4.5 kg
- 2 x Medium Resistance Bands (Red) - 9.1 kg
- 2 x Heavy Resistance Bands (Green) - 13.6 kg
- 2 x Extra Heavy Resistance Bands (Black) - 18.1 kg
- 2 x one-size-fits-all leg straps with comfort padding: 60 (L) x 5cm (W)
- 1 x Waterproof travel pouch fits all pieces
- High-quality latex construction
- Stainless steel carabiner hooks
- Length of the band: 300mm

